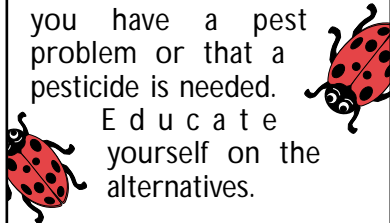




## Do You Use Pesticides?

Pesticides are poisons used to kill insects, weeds, and plant diseases. They include herbicides, insecticides, and fungicides. A few insects or weeds doesn't mean you have a pest problem or that a pesticide is needed.






THE CALGARY  
FOUNDATION



[pesticidefreeyards.org](http://pesticidefreeyards.org)

## Eleven Easy Steps To a Pesticide-Free Yard

- 1 Healthy Lawns  
Need Healthy Soil
- 2 Choose the Right Grass
- 3  Mow high to  
discourage weeds
- 4 Grass cycle 
- 5 Top-Dress and Fertilize
- 6 Aerate:  
let your lawn breathe
- 7 Water to the Roots
- 8 Accept some weeds
- 9 Consider   
alternative plants
- 10 Remove Thatch
- 11 Control weeds  
& insects naturally

[www.sierraclubchinook.org](http://www.sierraclubchinook.org)

# PROOF

Please check the attached proof carefully for any mistakes. WHAT APPEARS ON THE PROOF WILL ALSO APPEAR ON THE FINAL PRINTING.

Please check one:

- OK as is
- OK with changes marked
- Submit new proof

\_\_\_\_\_  
Customer Signature

\_\_\_\_\_  
Date